

Favorite Food Diet Book

Favorite Food Diet Book Chrissie Mitchell

The Most Delicious Diet On Earth...

And it **really is** the most delicious diet on earth.

It's also the *only* diet that lets you eat what you want, and uses a **single secret ingredient** to **flip your metabolism switch to high** – instantly, and for years to come.

Watch Video



It's a day-by-day, **step-by-step plan** that will completely change your internal chemistry so that shedding pounds becomes **your body's natural state** of being.

Due to the powerful nature of this ingredient, once you begin the diet, **you will notice results almost immediately...**

Plus, dessert items and fun foods are strategically placed throughout the diet - paired with our **“secret ingredient.”**

All this will ensure that instead of holding you back, your “cheat foods” will actually *propel* **you** to weight loss success.

This isn't a *temporary* weight loss solution either, this is a way of eating that **our students stay on for years.**

My clients **never miss their old way of eating.** Because in a way, this *is* their old way of eating... with a twist.

One thing I can promise you: you're going to **lose weight**, and you're going to **look forward to every single meal** you eat...

And when you eat, you're going to feel full in ways you've never felt before...

I'm talking **complete** satisfaction.

GET INSTANT ACCESS!

Start THE FAVORITE FOOD DIET *Today* for The Discount Price of Just \$ 37 and Get 3 FREE Bonuses!



60-Day No-Questions-Asked Money-Back Guarantee

There's **no intense cardio** to go through...

There's **no calorie counting** at all...

There are **no funky herbs**...

There **ARE all the foods you love most**, which you can eat while your metabolism rises and you just burn more and more fat...

Expect **cravings to end**, forever.

Expect to have huge amounts of **energy**, feeling like you can take over the world...

Expect to be **stronger** - mothers you'll love this when you 4-year-old begs for a pick-me-up...

You may notice it gets a little easier to get up the stairs...

Every aspect of your health will improve...

Why?

Because your metabolism, the most important aspect of all of our health, will literally be "on fire", **annihilating any fat in its path**...

And did I mention that it's **unbelievably easy** to follow?

It's *unbelievable easy* to follow.

You're going to be able to **read it once and follow it for life**, because it's so intuitive.

It's all part of the world's most delicious diet program we call **The Favorite Food Diet!**

Just take a look at the results people are getting...

FREQUENTLY ASKED QUESTIONS

If you're still here, you might have some questions...

Well, we've got answers...

What am I buying? A DVD? A course? A book?



You're buying an e-course i.e. a digital ebook. You're free to print it out and make as many copies as you want if you'd like to hold the information in your hands.

We sell a digital product rather than a physical book so we can keep our products affordable for you... and eliminate the shipping charge.

This also give us the ability to get the information you're looking for instantly rather than having to wait 3-5 days during which people often lose interest.

Is my purchase secure?

Very. All of our orders are processed through Clickbank, the leading secure online retailer of digital products. They process hundreds of millions of transactions without a hitch and they use security systems just like the ones at national banks.

Can I really eat all my favorite foods?

The answer is yes, with a twist.

You can eat the food you do now. No changes. And still lose weight. I don't recommend you eat packaged junk food every day like Twinkees and Haagen Daz, because it's simply not healthy. But if you do want that once in a while, that's okay and it won't interfere with the incredible progress you will see.

In some cases, we'll show you how to tweak the sweets to help them make you lose weight even faster, and these tweaks are available for almost anything you might want to eat.

You will also, at times, be able to eat store-bought goodies, but those will be limited to certain times.

Rest assured, we haven't received a complaint yet about these "restrictions". In fact, everyone is having a ball.

Is The Favorite Food Diet hard to follow?

As my clients will gladly tell you, the Favorite Food Diet is the easiest diet they've ever tried.

And it's as easy as it is fun.

We've spent two and a half years testing this system on men and women from all walks of life to ensure this diet is the simplest and tastiest ever released.

The reaction we most often receive is "I don't feel like I'm on a diet, but the weight is coming off"

And that's what the Favorite Food Diet is all about. :)

A red, rounded rectangular button with a white border and a slight shadow. The word "Download" is written in a bold, white, sans-serif font in the center of the button.

Download

How Often Can I Cheat?

Well there's two kinds of cheating: There's the desserts made from scratch with our "secret ingredient". There there's your typical cheat days.

Between the two of them you'll be eating your favorite foods a heck of a lot.

Most people would never believe a diet like this could make you lose weight, until they try it themselves.

That's thanks to the cutting-edge science behind the program...

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