

VERT SHOCK

Vertical Jump Training



"Nothing's hotter than a guy who can dunk."

This is what I heard the other day when I was leaving my gym.

Wanna Dunk?

World's highest dunker shares all his secrets.



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FOLKERSYSTEM VERT SHOCK

Two girls were chilling near the basketball court at the back of my gym complex. They were watching a 3-on-3 game which abruptly ended when the biggest guy decided to jump straight up, knock the defender flat on his ass and dunk on him while he was laying sprawled on the blacktop.

That's when the blonde cheekily whispered this confession to her smoking-hot Asian friend in pink sweatpants:

"Nothing's hotter than a guy who can dunk."

And can you guess what the Asian hottie replied? She whimpered:

"Uh huhhh!"

This got me thinking. I mean, for as long as I can remember I've always wanted to dunk. It's been a lifelong dream of mine, but I

really had no idea girls found it hot. I guess it makes sense though since most people have this belief you need to be the most athletic dude around to be able to jump that high.

But the fact is that's just not true anymore.

Breakthrough research has surfaced recently about the exact 'levers' which allow people to jump ridiculously high. So naturally, 2 genius basketball players took this research and used it to transform regular guys who can't even touch the rim into dudes who can dunk with 2 hands every time and with ease.

One of these geniuses is a pro basketball player and the other is the world's highest dunker (I think it's safe to say they know what they're doing LOL) They're getting a ton of media hype these days and blowing up on Youtube so I thought I'd let you know about them.

And it's great timing too since they've just released all their crazy vert jump body hacks and techniques. They've been teaching people this stuff in secret for years but now it's available to the public in a badass program.

Wanna dunk like Jordan? 2 pros spill the beans on how they can add 15 inches to anyone's jump



Wanna Dunk?

Add 15 inches to your vertical jump with these 'hacks'

CLICK HERE NOW!

FOLKERSYSTEM VERT SHOCK

I don't know about you but ever since I was a little kid and first saw Michael Jordan fly from the free throw line, hang in the air for what seemed like an hour and dunk the ball one-handed like a BOSS, I was never the same.

From that moment I've always wanted to dunk - call it a childhood dream I guess.

Only problem is I've never been the tallest or most athletic player around. Sure, I'm good on the court and my ball skills are tight, but I've never been THAT player.

You know, the guy that everyone watches. That explosive freak of nature that will block a shot, steal the ball, sprint down court and then reverse dunk making the other team look like sad amateurs.

That was never me.

However, I've just been told that Justin 'Jus Fly' Darlington (world's highest dunker) and Adam Folker (pro baller) have decided to release every single one of their secrets in a program they've used to add 32 inches in total to their vertical jumps.



So maybe this is my chance to finally dunk...and yours too.

It's hard to believe they would even release something like this, but here it is...



This guy couldn't dunk a donut but now he's a pro baller...

So my buddy Adam Folker used to be un-athletic, weak and couldn't even touch the backboard.

But now he's dunking like a beast in every game, won a pro contract, travels the world and has a massive fan base.

So I asked him the secret to his success and he told me that learning to dunk is what made him the explosive, dynamic player that he is today. And to do that he had to add over 11 inches to his vertical jump with some pretty wild body hacks that he explains on his website:

He's also teamed up with the world's highest dunker Justin Darlington and somehow convinced him to share the secrets he used to notch up a 50.1" vertical leap, win countless dunking contests and even train NBA players to dunk better.

I don't want to give too much away but this stuff just gets me so pumped.

Here's a video where you can see some of the truly crazy dunks his buddy Justin can pull off:



Get Instant Access to **VERT SHOCK**

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